

ROUTINE CHECK-UPS AND VACCINES

1. How often do I have to take my child in for check ups?

We follow the recommendations of the American Academy of Pediatrics. After birth we examine your newborn within one week of discharge from the hospital. The following appointments are at 1, 2, 4, 6, 9, 12, 15, 18, 24, 30 months. After 3 years of age we meet yearly for physical exams, obviously if there are any concerns with development, growth or any concerns we schedule appointments outside of the schedule.

2. Are vaccines important?

We firmly believe in the importance of vaccines to maintain individual and community health. We follow the National Immunization schedule and we are happy to discuss any concerns the family has regarding vaccines. It is one of the greatest advances in public health and we follow evidence based medicine in our recommendations.

3. What can I expect when my child comes in for a check up?

It varies on the age of the patient, but most Check ups include vitals (height/weight/blood pressure), Vision and Hearing screenings. We may also recommend a simple blood test to check for anemia and lead levels. Surveys/questionnaires are also administered during these visits to screen for developmental concerns, mental health, and exposure to environmental hazards.

4. If my child is ill, should I still come in for a check up/vaccines?

Mild illness is not a contraindication to administer vaccines and to perform a physical exam, please inform the office if there are concerns about a serious condition before the visit.